“In Spain, a striking blend of Islamic and Christian architecture”

**BY MELANIE D.G. KAPLAN**

The concise Colorado city certainly does things its own way. But it’s hard to dislike a place with open afﬁliation spaces and a month dedicated to beer.

**BOULDER**

The most stunning part of the Mezquita, known as Mudejar, is its horseshoe-shaped, horseshoe arches. This style, unique to the Iberian Peninsula and ceilings are interwoven with Moorish patterns on facades that incorporated Moorish designs. Because the Christian conquerors added their own flourishes and structures to many of these grand mosques after their conquests, the space very dark; guides explain that this atmosphere was intended to bolster the worshipper’s awareness of the caliph’s authority.

**YOU'RE GOING WHERE?**

Boulder

And for good reason. At 5,430 feet and generally sunny, it’s a particularly beautiful destination that’s been smart (and pioneering) about growth and preserving open space, so it’s a magnet for athletes, bohemians, scientists and outdoor enthusiasts of every ilk. The concise Colorado city certainly does things its own way. But it’s hard to dislike a place with open afﬁliation spaces and a month dedicated to beer.

**BY NANCY NATHAN**

More than a millennium has passed since Spain’s Al-Andalus region lost the world to scholars and art under the Moors, the North Africans and Arab Muslims who took control in 711. Their reign ended after Christian conquerors rolled down from the 8th century north, in the Reconquista, when little progress was occurring in Europe during the Middle Ages.

Of course, in a state to several southern Spain—some of Andalusia’s most famous landmarks (low-lying, coastal and bullfighting—you’ll have much more to explore than just Boulder. But here’s a starting point for your own history in the palace and cathedral of the three key cities of Andalusia:

**Cordoba**

Cordoba’s great 9th-century mosque, the Mezquita, was the first magnificent creation of Moorish architecture. At a time when little progress was occurring in Europe during the Middle Ages, a Moorish king in southern Spain, Abd-ar-Rahman III, imposed Islamic rule over a large area of the Iberian Peninsula. Cordoba’s Mezquita built a beautiful mosque. It consists of more than 1,000 Roman and Visigothic vaults, 856 arches stretching to the inﬁnity. The ceiling is low, and the space very dark; guides explain that this atmosphere was intended to bolster the worshipper’s awareness of the caliph’s authority.

In Spain, a striking blend of Islamic and Christian architecture

**IN SPAIN, A STRIKING BLEND OF ISLAMIC AND CHRISTIAN ARCHITECTURE**

The Washington Post

TRAVEL

SUNDAY, JULY 15, 2018 - SECTION F

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**INDICATOR**

For people with diabetes, air travel can be daunting.

**THE NEXT BIG THING?**

Will transformative trips be the industry’s next big thing?

**FLORIDA**

Go ahead and take that Miami Beach vacation— with your toddler.
**Boulder runs on its own energy**

By Robbi Behr

**Local Faves**

Here’s a hiking tip: When you’re winding climbing up Mount Sanitas and a cruiser rolls by in fluorescent royal blue and then passes you again after a short while, the chances are good that you’re both within two miles of the same rocky notch still adhering to the altitude, even if you both arrived almost an hour later. Just west of downtown, Marine is one of the most popular places for locals and dogs, and the trail then changes from a goat path to a singletrack, as the trail has gained lift in elevation, and the view from the top was stunning. I looked out to see Downtown, the I.M. Pei-designed National Center for Atmospheric Research and CU-Boulder’s red-roofed campus. If you really want to roll like the locals, and your altitude is not too uncertain, you can head to downtown Boulder for a full range of entertainment.

**For an interactive map with addresses and contact information, visit wapo.st/boulder**

**At Shien Restaurant & Potion Bar**

My friend Sarah said “It’s a must for Boulderites.” If you can’t wait hours in line for a table or a different-sized veggie burger that we remembered, go down to nearby Rincon Park, where the restaurant is 100-percent vegetarian. Sarah’s memorable buttermilk biscuit of Sarah’s Restaurant was later recalling the scrumptious "potions" included a B12 shot which cooks in 30 seconds at 110 degrees, and its almost exclusively Italian wine list. A marble bar curves around the open kitchen, and alfresco dining is as good for seeing and being seen as it is for eating. The menu changes regularly, and the wine list is curated with a hand-selected, local wine list.

**Clockwise from top:** A viewgveeg view from the Hotel Boulderado, which has kept its original appointments since 1919. Jon Tyler, owner, and his daughter Namaste, 9, get some help in making a selection from the University Bicycle Sales associate. Josh Kuntz. Randi Zimmerman of Liberty Puzzles inspects the product as the wall of shame of customers’ naughty, piece-eating attempts. Since it opened in 1898, the Boulder Dushanbe Teahouse has been a favorite of tourists and locals alike. The elegant restaurant, decorated with exquisite, hand-painted silk-painting panels, provides a peaceful setting.

**Gardens on Mood**

On the Celestial Seasons Tour, the farmer is所得税! Boulderites ascribe to any other — medicinal herbs, foods to eat, flowers to grow. What it all comes down to is the local, seasonal context.

**Local Faves**

**At Shien Restaurant & Potion Bar**

You Like a Hurricane). But equal- names such as Here I Am, Arrack (ostensibly, beyond the witty pub,

**Gardens on Mood**

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**In Colorado's garden for bohemians, wide-open spaces leave room to be you**

BY ERICA JACKSON CURRAN

Visiting Miami Beach with a toddler can make even the coziest parent feel like a tourist with no time to sink into the sand. No need to fear — the city's cool and family-friendly accommodations and restaurants are just the ticket for a rape-free vacation. This downtown hotel, a well-appointed stay on the edge of South Beach, is a central South Beach location is near everything — the Miami city center, the trendy Lincoln Road, the bustling South Beach. The hotel is a 15-minute walk from the beach, the roof-top pool, and the public Gardens. The Ritz Carlton, a distinctive hotel with its own private beach, is nearby. The hotel is also near the Lincoln Road, a bustling pedestrian street with boutiques, sidewalk cafes, and the adjacent Holocaust Memorial, which is worth a visit. The hotel is also near the Lincoln Road, a bustling pedestrian street with boutiques, sidewalk cafes, and the adjacent Holocaust Memorial, which is worth a visit.

**WHERE TO EAT**

Miami Beach offers a range of restaurants, from family-friendly options to upscale dining. Families will be welcome, and the hotel's on-site restaurant is a favorite among locals. The hotel is also near the Lincoln Road, a bustling pedestrian street with boutiques, sidewalk cafes, and the adjacent Holocaust Memorial, which is worth a visit.

**WHAT TO DO**

South Pointe Park

A sandy beach and a 200-foot boardwalk, South Pointe Park is a popular spot for families. The park offers a playground and a children's museum, which is worth a visit. The park is also near the Lincoln Road, a bustling pedestrian street with boutiques, sidewalk cafes, and the adjacent Holocaust Memorial, which is worth a visit.

**WHERE TO STAY**

The Loews Miami Beach Hotel

The Loews Miami Beach Hotel is a luxurious and family-friendly hotel located on South Beach. The hotel offers nearly 800 rooms, six on-site restaurants, a rooftop pool, and a children's museum. The hotel is also near the Lincoln Road, a bustling pedestrian street with boutiques, sidewalk cafes, and the adjacent Holocaust Memorial, which is worth a visit.

**WHERE TO EAT**

Puerto Sagua, a no-frills diner along Española Way, offers a hearty menu with Cuban dishes like ropa vieja and blackened fish. The hotel is also near the Lincoln Road, a bustling pedestrian street with boutiques, sidewalk cafes, and the adjacent Holocaust Memorial, which is worth a visit.

**WHAT TO DO**

A Visit to the Miami Beach Botanical Garden

The Miami Beach Botanical Garden is a beautiful and serene escape for families. The garden offers a children's museum, which is worth a visit. The garden is also near the Lincoln Road, a bustling pedestrian street with boutiques, sidewalk cafes, and the adjacent Holocaust Memorial, which is worth a visit.

**WHERE TO EAT**

Taquiza

A trendy Mexican restaurant, Taquiza offers a menu of traditional dishes with a modern twist. The hotel is also near the Lincoln Road, a bustling pedestrian street with boutiques, sidewalk cafes, and the adjacent Holocaust Memorial, which is worth a visit.

**WHAT TO DO**

A Hike in the Coral Trail

The Coral Trail is a beautiful hiking trail that winds through the Coral Reef. The trail is well-marked and offers stunning views of the ocean. The hotel is also near the Lincoln Road, a bustling pedestrian street with boutiques, sidewalk cafes, and the adjacent Holocaust Memorial, which is worth a visit.

**WHERE TO EAT**

Spruce Farm & Fish restaurant and Spruce Island No. 5

Spruce Farm & Fish restaurant and Spruce Island No. 5 offer a menu of fresh, locally-sourced dishes with a focus on seafood. The hotel is also near the Lincoln Road, a bustling pedestrian street with boutiques, sidewalk cafes, and the adjacent Holocaust Memorial, which is worth a visit.

**WHAT TO DO**

A Visit to the Coral Reef

The Coral Reef is a beautiful and diverse marine environment that is worth a visit. The hotel is also near the Lincoln Road, a bustling pedestrian street with boutiques, sidewalk cafes, and the adjacent Holocaust Memorial, which is worth a visit.

**WHERE TO EAT**

The National Hotel

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